

Figure Skating Schedule 2011-2012

October 17th—March 18th

11/15/2011



Monthly FS Contracts Winter 2011 - 2012

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:30am - 7:30am Junior Academy	6:30am - 7:30am FSO		6:30am - 7:30am FSO		7am - 8am FSO	
7:30am - 8:30am FSO	7:30am - 8:30am FSO		7:30am - 8:30am FSO	12:30pm - 2pm \$6 Public Session	8am - 9am FSO	
8:30am - 9:30am FSO	8:30am - 9:30am FSO		8:30am - 9:30am FSO		9am - 10am Junior Academy	
				2:15pm - 3pm FSO		12pm - 12:45pm FSO
12:30pm - 2pm \$6 Public Session		12:30pm - 2pm \$6 Public Session		3pm-3:45pm FSO		12:45pm - 1:30pm FSH / M
				3:45pm Jump & Spin		1:30pm - 2:15pm FSM / L
2:15pm - 3pm FSO	2:15pm - 3pm FSO	2:15pm - 3pm FSO	2:15pm - 3pm FSO	4pm - 4:45pm FSH		2:15pm - 3pm FSM / L / B
3pm-3:45pm FSO	3pm-3:45pm FSO	3pm-3:45pm FSO	3pm-3:45pm FSO	4:45pm - 5:35pm FSH / M		
3:45pm Edge Class	3:45pm MIF Class	3:45pm TOI class	3:45pm - 4:30pm FSO	ice cut		2:15pm - 3pm Coffee Club
4pm - 4:45pm FSH	4pm - 4:45pm FSH / M	4pm - 4:45pm FSH / M	4:30pm - 5:30pm Junior Academy	5:45pm - 6:30pm FSM / L / B		3pm - 4pm Basic Skills
4:45pm - 5:30pm FSH / M	4:45pm - 5:30pm FSM / L / B	4:45pm - 5:30pm FSH / M		6:30pm-7:30pm Basic Skills	4pm - 6pm Public Session	4pm - 6pm Public Session
	5:30pm - 6:30pm Basic Skills			7:30pm-8pm Synchro		
				8pm - 10pm Public Session		

Skater's Full Name: _____ DOB: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Phone Number: _____
 E-Mail Address: _____
 Parent's Name: _____
 USFS #: _____ ****REQUIRED!!****
 Primary Coach: _____
 Current Skating Level: _____

Contracted Month: _____

- ___ Basic Skills (4 FS sessions) = \$37
- ___ Level 1 Membership (8 FS sessions) = \$72
- ___ Level 2 Membership (16 FS sessions) = \$140
- ___ Level 3 Membership (24 FS sessions) = \$204
- ___ Level 4 Membership (40 FS sessions) = \$290
- ___ Unlimited Membership (Unlimited FS Sessions & FS Classes) = \$375

Payment:
CASH **CHECK: #** _____ **Credit Card**
CC #: _____
Name on Card: _____
Exp. Date: _____ **Security Code:** _____
Employee Initials: _____

Monthly Freestyle Contracts
 Basic Skills (4 FS sessions per month) = \$37
 Level 1: 8 FS sessions per month = \$72
 Level 2: 16 FS sessions per month = \$140
 Level 3: 24 FS sessions per month = \$204
 Level 4: 40 FS sessions per month = \$290
 Unlimited FS Sessions & FS Classes = \$375 per month

Freestyle Session / A La Carte Items
 FS Session walk-on (contracted members) = \$9.50
 FS Session walk-on (non contracted) = \$12
 On-Ice Classes = \$5 (15 mins) / \$10 (30 mins)
 Off-Ice Classes (Paid directly to the coach) = \$10
****ALL skaters MUST be members of U.S. Figure Skating (USFS) or Ice Skating Institute (ISI) to skate on FS sessions**

FS Session Requirements
 FSO = Open to all skating levels
 FSH = Doubles & Triples / Intermediate MIF & higher
 FSM = Lutz & above / PreJuv MIF & higher
 FSL = Salchow & above / Pre-Pre MIF & higher
 FSB = Basic Skills—FS 3
 **Contracts are due at the start of each month.
 Late fees apply after the 5th

Freestyle Session Rules & Policies

Skating Memberships

All skaters attending "freestyle sessions" MUST be a current member in good standing with either U.S. Figure Skating or Ice Skating Institute. Membership cards will be required for guest skaters. Skaters **will not be allowed** to skate a Cool Sports' freestyle session unless proof of membership is available.

Freestyle Session Payments

1. Monthly Contracts must be purchased by the 1st of each month.
2. Punch Cards are not valid in the 2009-2010 season
3. Freestyle Session "Walk-on" fees must be paid before skating each session.

Clothing & Facility Rules

1. No food or drinks on or near the ice surface except for water bottles.
2. Skaters **MUST** check-in at the front desk and indicate how many FS sessions they intend to skate. Drop-in fees are to be paid up front.
3. Jeans, hats & navel-revealing shirts are not permitted
4. Skaters are required to donate one box of tissues each FS Contract period.
5. Talking is not permitted during the FS sessions, unless skaters have moved to the side of the rink or are in a lesson
6. Headphones are not allowed during FS sessions
7. Parents/ guests are not allowed to sit inside the player's bench area. Please make use of the bleachers or the seating area in the lobby.

Right-of-Way

1. Skaters must wear the bright green vest when playing their program music over the rink sound system
2. Skaters wearing the bright green vest have the 1st right-of-way. All skaters & coaches shall do their best to move out of the path of the program.
3. Skaters in lessons have the 2nd right-of-way

Music

1. Skaters may play their music only twice during each 45-minute FS session
2. Skaters will need to place their music in line at the start of each FS session
3. Skaters should assist one another by playing music when an Ice Monitor is not available.
4. Skaters in a private lesson may "skip" to the front of the line only one time
5. The next skater in line to have their music played should have the green vest on and be ready to go
6. Questionable "fun" music may be turned off at the discretion of Cool Sports' Coaching Staff members or the Skating Director.

By signing my name below, I acknowledge that I / my child agrees that I / we are participating in a sport at our own risk which is being hosted at Cool Sports. I / my child also acknowledges that I / we have read and fully understand the Freestyle Session Rules & Policies set in place by Cool Sports in order to provide a safe skating environment. I / we understand that the Skating Director reserves the right to remove any skater from a FS session if payment is not made or session rules are not followed.

Parent Signature (if skater is under 18 years old)

Date

Cool Sports' Coaching Staff

Skaters may add private instruction to their skating regimen at any time, but cannot shift solely into private lessons until all 8 Basic Skills levels. You may contact these instructors personally to schedule private lessons. Each coach will provide their students with a current copy of their Policy Sheet, which will indicate lesson fees, scheduling requirements, competition information and other important information that students & parents will need to know. If assistance is needed when determining which coach is right for you, please contact Nikki Copeland-Ronayne, Skating Director, at (865) 218-4500 x 227. A "booster" lesson is highly encouraged for those skaters interested in working with a few different coaches before determining a primary coach.

Nikki Copeland-Ronayne, Skating Director
Fees: \$17.50 per 20 minute lesson

nikkic@coolsportstn.com
MM—F, no weekends

Kathy Baradakov
Fees: \$19 per 20 minute lesson

kosbaradakov@hotmail.com
Mon-Fri, and weekends

Konstantin Baradakov
Fees: \$20 per 20 minute lesson

kosbaradakov@hotmail.com
Mon-Fri, and weekends

Chris Campbell
Fees: \$16 per 20 minute lesson

campbell-kids@charter.net
Contact for availability

Susan Jackson-Wagner
Fees: \$22 per 20 minutes

suwagner@chater.net
Contact for availability

Nadia Kogeler
Fees: \$18 per 20 minute lesson

nadiak@coolsportstn.com
Contact for availability

Faith Neenan
Fees: \$17.50 per 20 minute lesson

bella2night@yahoo.com
Afternoons & weekends only

Kim Patterson
Fees: \$20 per 20 minute lesson

kimpatterson44@yahoo.com
Mon-Fri, and weekends

Lindsay Patterson
Fees: \$17.50 per 20 minute lesson

lindssk8s@gmail.com
Mon—Fri, and weekends

Kristin Shipstad
Fees: \$20 per 20 minute lesson

shipstad@charter.net
T, W & Fri afternoon & weekends

Basic Skills Instructors

Breana Leader
David Lee
Claire Mincher

Monthly Freestyle Contracts



Monthly freestyle contracts can be purchased to cover freestyle session costs at Cool Sports. Skaters participating on freestyle sessions must be current members in good standing with U.S. Figure Skating or the Ice Skating Institute and should be able to present their membership cards at any time.

Skaters must also list a Cool Sports staff instructor as a primary coach. Guest skaters & coaches are welcomed, but must contact the Skating Director to request permission to skate during Cool Sports' hosted FS sessions. **Sk8 Gr8!!**

All contracts are due the first of each month. Late fees apply for contracts received after the 5th

Questions? Contact Nikki Copeland-Ronayne, Skating Director, at nikkic@coolsportstn.com or at 865-218-4500 x 227.

Registration forms & payments can be mailed to:
Cool Sports
C/O Nikki Copeland-Ronayne
110 South Watt Rd
Knoxville, TN 37934

