

**RELEASE OF LIABILITY, WAIVER OF CLAIMS, INDEMNIFICATION,
AND ARBITRATION AGREEMENT**

Notice – By signing this document you may be waiving certain legal rights, including the right to sue.

Release and Waiver of Claims; Indemnification Agreement

In consideration of being allowed to participate in programs and events (“Programs”) at Cool Sports (the “Facility”), the Participant, and the Participant’s parent(s) or legal guardian(s) if the Participant is a minor, do hereby agree, to the fullest extent permitted by law, as follows:

TO WAIVE ALL CLAIMS that they have or may have against the Facility arising out of the Participant’s participation in the Programs or the use of any equipment provided by the Facility (“Equipment”). The Participant and his/her Parents or legal guardian(s) specifically understand that they are releasing any and all claims that arise or may arise from any **negligent** acts or conduct of the Facility, its owners, affiliates, operators, employees, agents, and officers.

TO ASSUME ALL RISKS of participating in the Programs and using the Equipment, even those caused by the **negligent** acts or conduct of the Facility, its owners, affiliates, operators, employees, agents, and officers. The Participant and his/her Parents or legal guardian(s) understand that there are inherent risks of participating in the Programs and using the Equipment, which may be both foreseen and unforeseen and include serious physical injury and death;

TO RELEASE the Facility, its owners, affiliates, operators, employees, agents, and officers from all liability for any loss, damage, injury, death, or expense that the Participant (or his/her next of kin) may suffer, arising out of his/her participation in the Programs and use of the Equipment; and

TO INDEMNIFY the Facility, its owners, affiliates, operators, employees, agents, and/or officers, from all liability for any loss, damage, injury, death, or expense that the Participant (or his/her next of kin) may suffer, arising out of participation in Programs and use of the Equipment.

Arbitration

The Participant hereby agrees to submit any dispute arising from participation in the Programs to binding arbitration. For such disputes, there shall be a three-member arbitration panel, consisting of two party-appointed arbitrators (one arbitrator to be appointed by each party) and one neutral arbitrator (collectively, the “Panel”), to be chosen by the party-appointed arbitrators. In the event that the two party-appointed arbitrators are not able to agree on a third, neutral arbitrator, the neutral arbitrator shall be appointed by the United States District Court, for Eastern District of Tennessee, Sixth Circuit. Each party shall pay its own costs, including the costs associated with the party-appointed arbitrators, and the parties shall share equally the costs associated with the neutral arbitrator. The arbitration proceeding shall proceed in Knoxville, Tennessee, and shall be governed by the Federal Rules of Evidence. The Panel shall establish a reasonable and appropriate discovery schedule to expeditiously resolve this matter.

The Participant understands that he/she is obligated to follow the rules of the Programs and that he/she can minimize his/her risk of injury through the exercise of common sense and by being aware of his/her surroundings.

If, while participating in the Programs, the Participant observes any unusual hazard, which he/she believes jeopardizes his/her personal safety or that of others, he/she will remove himself/herself from participation in the Programs and immediately bring said hazard to the attention of the Facility.

I HAVE READ AND UNDERSTAND THIS AGREEMENT AND I AM AWARE THAT BY SIGNING THIS AGREEMENT I MAY BE WAIVING CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE.

Parents or Guardians must also sign if the Participant is UNDER 18.

Participant’s Signature: _____

Date: _____

Parent/Guardian Signature: _____

Date: _____



East Tennessee’s total Indoor Sports Destination

Youth Lacrosse Program



**110 South Watt Road
Knoxville, TN 37934
865-218-4500**

www.coolsportstn.com



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Cool Sports Youth Recreational Lacrosse Program 2011

What is lacrosse:

Lacrosse is a fast paced field sport played with “sticks” that have a net attached to them and a hard rubber ball. The game was originally played by the Native Americans. However, their game took place on fields miles long and could last for days. Women’s lacrosse is non-contact, and girls rely on speed and finesse. In men’s lacrosse contact is allowed and players wear helmets, pads, gloves, etc. to protect themselves. Lacrosse has been popular for years in other areas of the country and is growing rapidly in the South.

What to Expect:

Participants can expect to have a lot of fun while learning to play a new sport. Part of the time will be used for instruction to learn basic skills and the rest will be spent playing games incorporating the lessons. Participants should expect to progress in their skills as the sessions go on.

What to Bring:

Participants should come prepared with sneakers, water bottle, helmet with face mask, and a mouth guard. We encourage participants to have their own Lacrosse stick, but it is not necessary as Cool Sports does have beginner sticks.



110 South Watt Road
Knoxville, TN 37934
865-218-4500
www.coolsportstn.com

Contact Aubrey Ingham for more details
218-4500 ext 231
adultsoccer@coolsportstn.com



LACROSSE REC Program

AGES 7-13

Name: _____

Gender: M F Age: _____

Address: _____

City: _____ State: _____

Zip: _____ D.O.B: _____

Phone: _____

Email: _____

(please circle which Session applies)

Fall Session 1: 5:45pm-6:30pm- \$80

MONDAYS Sept. 5th—Oct. 24th

WEDNESDAYS Sept. 7th-Oct. 26th

Registration Deadline– Aug. 31st

Fall Session 2: 5:45pm-6:30pm-\$80

MONDAYS Oct. 31st—Dec. 13th

WEDNESDAY Nov 2nd—Dec. 14th

Registration Deadline Oct 24th

Please circle your desired session and day.